



by jok church

BEAKMAN JAX
Google: sherbet difference sorbet

Dear Jax,
If you put melted ice cream back in the freezer, why does it lose its ice-creaminess?

Virginia Melton
Santa Rosa, California

Beakman or Jax
1130 Walnut Street
Kansas City, MO 64106
Questions, name & address

kick-cream

WHAT YOU NEED: 1 cup heavy cream - 3 Tbsp sugar - 1/2 tsp vanilla - 1 quart-size zipper freezer bag - ice cubes - 6 Tbsp salt - 2.5-pound coffee can with lid - duct tape

WHAT TO DO:
Mix the first 3 ingredients well and pour into zipper bag. Blow air into and seal the bag. Place in the coffee can. Layer ice cubes and salt around the bag until the can is solid-full. Snap on the coffee can lid and seal with duct tape. Use **lots** of tape. Lay the can on the ground and start kicking it. See if you can kick it in between two trees. See if you can kick it in a circle. Kick to **roll** the can. Don't kick to dent it. Keep kicking it for 10-20 minutes. And that is a **long, long** time.

Take off the lid and carefully pull out the plastic zipper bag. Wipe off the salt with a towel. Open the bag and eat the ice cream you just made.

SO WHAT:
The salt lowered the temperature of the ice and helped freeze the creamy mixture. Ice cream must be frozen while it is being **creamed** – the verb. That makes it fluffy and creamy instead of a solid chunk.

Dear Virginia,
Cream is not just a noun, a thing. It's also a verb, an action.

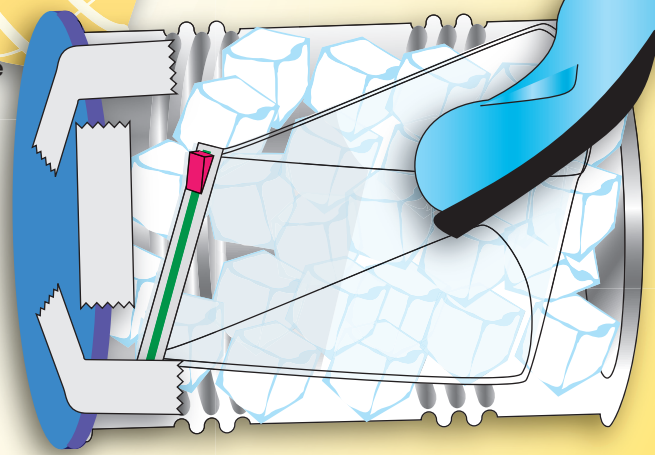
Cream can mean to **clobber** or **defeat** someone, as in a game or an election. It can also mean to **foam up** or **froth up**. That's the meaning that's important to ice cream.

Ice cream has to be foamed or frothed **while** it is freezing, or you don't get smooth and creamy ice-creaminess.

Oh, and since November 28 is Beakman's and my birthday, some ice cream seems like a great idea!

Jax Place
Jax Place

Or, try a well-cleaned-out shortening can with a lid.



P.S. from Beakman: Vanilla is not just a flavor. It can also mean a way to be; the same old thing, over and over again. You're allowed to be creative; use any flavor you like. Try mint or lemon or cherry extracts. I mean, why not?